

Lesson	Growing the Seasons	50-minute session
Learning Outcomes	<ul style="list-style-type: none"> To be able to use a seasonal calendar to identify when to plant and grow different seasonal foods To understand how different foods grow To be able to plan and start a growing project <i>(Potential links to Maths & Science)</i>	
Resources Needed	<ul style="list-style-type: none"> Planting Seasonal Calendar Where Does Food Come From? Tape Measure Pens Paper 	

Adaption maybe required depending on needs and age.

	Outline	Resources
Introduction 5mins	<p>You have already learnt about what seasons produce what foods. However, food does not just get to us overnight! It takes time to produce or grow it – but do you know where some of your common foods come from?</p> <p>Use the chart and cards and decide which one goes where – recommended to work in pairs</p>	Where does food come from?
Activity 1 – Planning a garden 15mins	<p>Activity All the best gardens need to be planned, you will need to consider –</p> <ul style="list-style-type: none"> What do you want to grow? What space do you have? How would you set it out? What do you already have? What do you need? <p>Students may like to spend time in the area/garden to get a feel for the space, see what that is already there which can be used, take measurements etc.</p> <p>In groups, get the students to draw out the space and create a layout.</p> <p>There are a number of organisations who provide gardening ideas and support for schools. https://schoolgardening.rhs.org.uk/home https://www.countrysideclassroom.org.uk/ http://www.buddinggardeners.co.uk/</p>	Tape Measure Pens Paper
Activity 2 – Planting your garden 15mins	<p>Activity Staying in your groups, now consider what you can plant at the time of year you are planting. Use a seasonal calendar to see what options are available to you, but also consider what you would like to grow in the future.</p> <p>You may even like to consider things you could cook with once grown.</p>	Seasonal Calendar
Plenary 15mins	<p>Activity Present your plans to the rest of the groups giving details and reason for the choices you have made.</p>	